



SHERIFF'S OFFICE

A TRADITION OF SERVICE SINCE 1856

ASPIRE: Access to Programs and Services to Inspire Reentry and Empowerment

**California Jail Programs Association
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San Mateo County**

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ASPIRE PROGRAM

SERVICES	GOALS
Risk/Needs Assessments	To assess incarcerated persons (IPs) for areas of needs & risk to reoffend
Case Management	To develop case plans based on needs
Targeted Programming	To connect IPs with in-custody programs to address needs
Reentry Plans	To develop reentry plans with IPs & work with out-of-custody partners to ensure hand-off



We attain our goals by following four key objectives:

- 1) Adopt and implement programs
- 2) Operate tight continuum of care
- 3) Avoid duplication of services
- 4) Collaborate with County partners and CBOs



The ASPIRE Model

"Access to Services and Programs to Inspire Reentry and Empowerment"

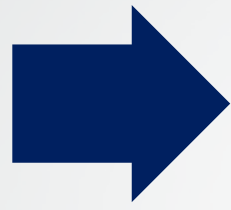
The ASPIRE Model refers to the Sheriff's Office commitment to providing an enhanced continuum of care within its correctional facilities, including service needs assessment, individual case management, targeted programming and reentry preparation.

Access to
Services and
Programs to
Inspire
Reentry and
Empowerment



Continuum of Care

When possible, our programs and services should provide links from in-custody to out-of-custody services



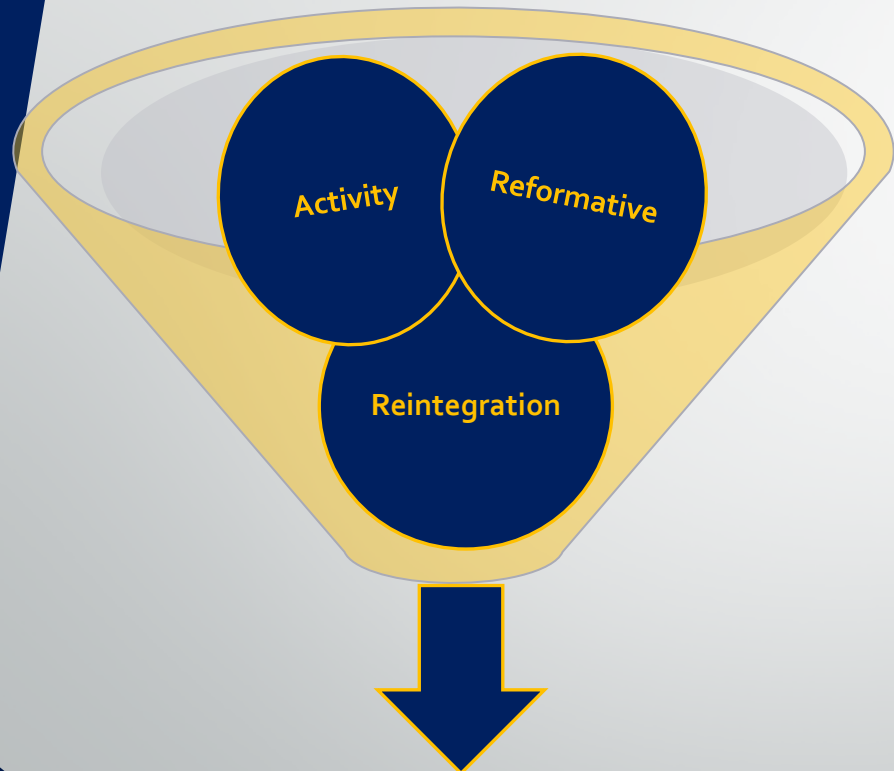
Linking In-Custody to Out-of-Custody



- *Sheriff's Office*
- *Human Services Agency*
- *BHRS*
- *Service Connect*
- *Probation*
- *Service League*
- *JobTrain*
- *Five Keys*
- *SMCCCD*



NIC's Recommendation on Planning and Implementing Programs for Justice-Involved



Effective Jail Programming

Reformative Programs: Provide IPs with knowledge and skills to address personal needs.

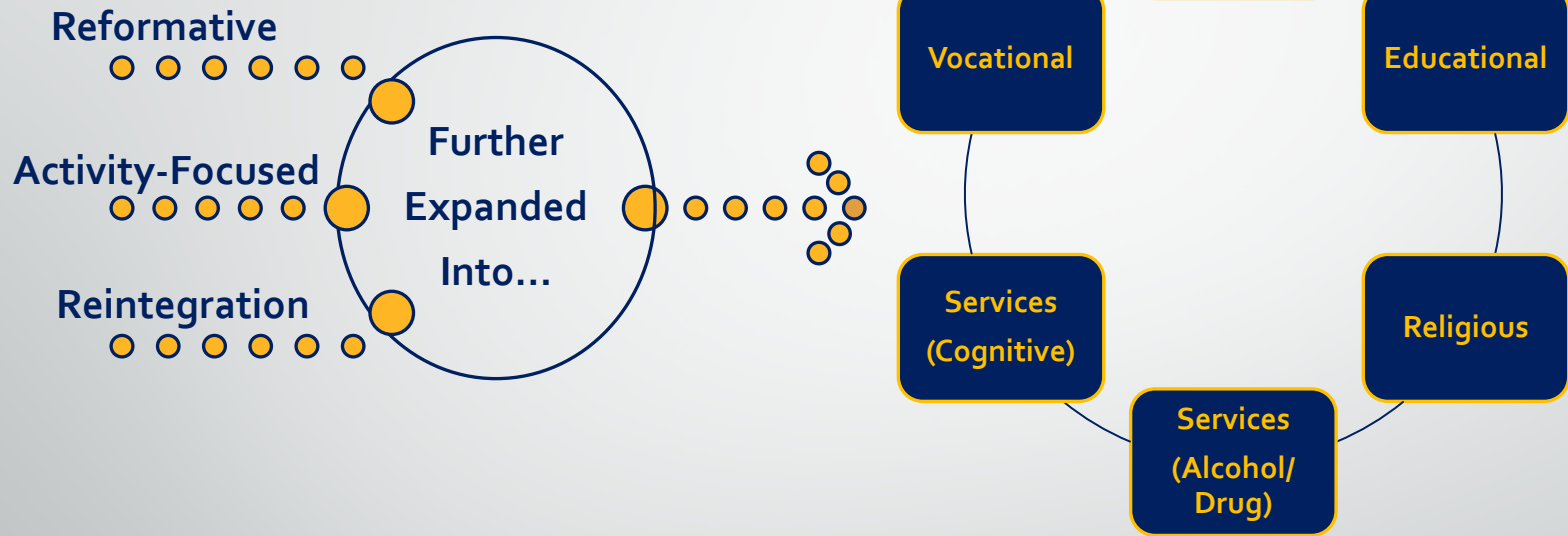
Activity-Focused Programs: Assists with keeping individuals busy while they are in custody.

Reintegration Programs: Prepare IPs for their return to the community as productive citizens.

* Definitions provided by National Institute of Corrections, "Programs and Activities: Tools for Managing Inmate Behavior" June 2010



The Sheriff's Office Breakdown



We expanded the 3 NIC Program Types into 6 Categories.



The ASPIRE Model: Access to Services and Programs to Inspire Reentry and Empowerment

- Cognitive Programs
- Substance Abuse
- Education/Literacy
- Vocational
- Activities
- Religion



ASPIRE

Cognitive and Substance Abuse

- ❖ Conflict Transformation & Anger Management (Peninsula Conflict Resolution Center)
- ❖ *The Courage to Change* (The Change Companies & Sheriff's Office Program Services)
- ❖ Domestic Violence (Service League)
- ❖ Enneagram Prison Project (EPP)
- ❖ Hope Inside for Men (Service League)
- ❖ Hope Inside for Women (Service League)
- ❖ *Parenting from the Inside Out* (Sheriff's Office Program Services)
- ❖ *Thinking for a Change* (Sheriff's Office Program Services)
- ❖ Alcohol and Other Drugs/Substance Use Disorder Programs (Correctional Health Services; community-based organizations)



ASPIRE Education

- ❖ Five Keys High School
- ❖ College for Working Adults (Canada College/San Mateo Community College District)
- ❖ San Mateo Adult School (SMUHSD) for English as a Second Language
- ❖ Stanford Jail and Prison Education Project (S-JPEP)
- ❖ Stanford Prisoner Advocacy and Resource Coalition (SPARC)



ASPIRE

Vocational

- ❖ Construction Pre-Apprenticeship Program (JobTrain)
- ❖ Culinary Arts and Hospitality Program (JobTrain)
- ❖ Job Readiness and Success Coaching (JobTrain)
- ❖ CareerEdge / LifeSkills (JobTrain)
- ❖ Digital Literacy (JobTrain)
- ❖ Roots of Success (JobTrain) (*January/February 2023*)
- ❖ Vocational Programs *onsite at* JobTrain
- ❖ Service Connect Employment Workshops
- ❖ SPROUTS (Sustainable Produce Restoring Our Unity & Teamwork) (*resuming 2023*)
- ❖ Transitioning Animals into Loving Situations T.A.I.L.S. (The Peninsula Humane Society & Sheriff's Office)



ASPIRE Wellness

- ❖ Prison Program (Sudarshan Kriya breath work & meditation program)
- ❖ Arts in Corrections (San Mateo Arts Commission)
- ❖ Body Experience
- ❖ Mindfulness-Based Meditation
- ❖ Yoga



ASPIRE

Religious Services / Spiritual

- ❖ Restorative Justice Seminar
- ❖ Religious Counseling
- ❖ Religious Services
- ❖ Spiritual Retreats



ASPIRE

Case Management

- ❖ Assessments / Screenings
- ❖ Case Management
- ❖ Countywide / Community Collaboration



ASPIRE

Reentry / Discharge Planning

- ❖ Develop reentry plans for returning to the community
- ❖ Screening for county-funded reentry program (Service Connect)
- ❖ Connections to out-of-county services



In-Custody Case Management

Sentenced and serving >90 days

- Sentenced inmates who have greater than 90 days in custody are eligible for full case management:
 - Administration ORAS assessment (CAIS prior to March 2022)
 - Monitoring and motivating participation in jail programming
 - Completing Change Company Journals
 - Meeting with ICCM on an every other week basis at minimum to review journals and progress on identified case plan goal, and release planning



Unified Reentry / Service Connect

- ❖ All incarcerated persons are screened for eligibility for Unified Reentry Services by the Sheriff's Office In Custody Case Managers.

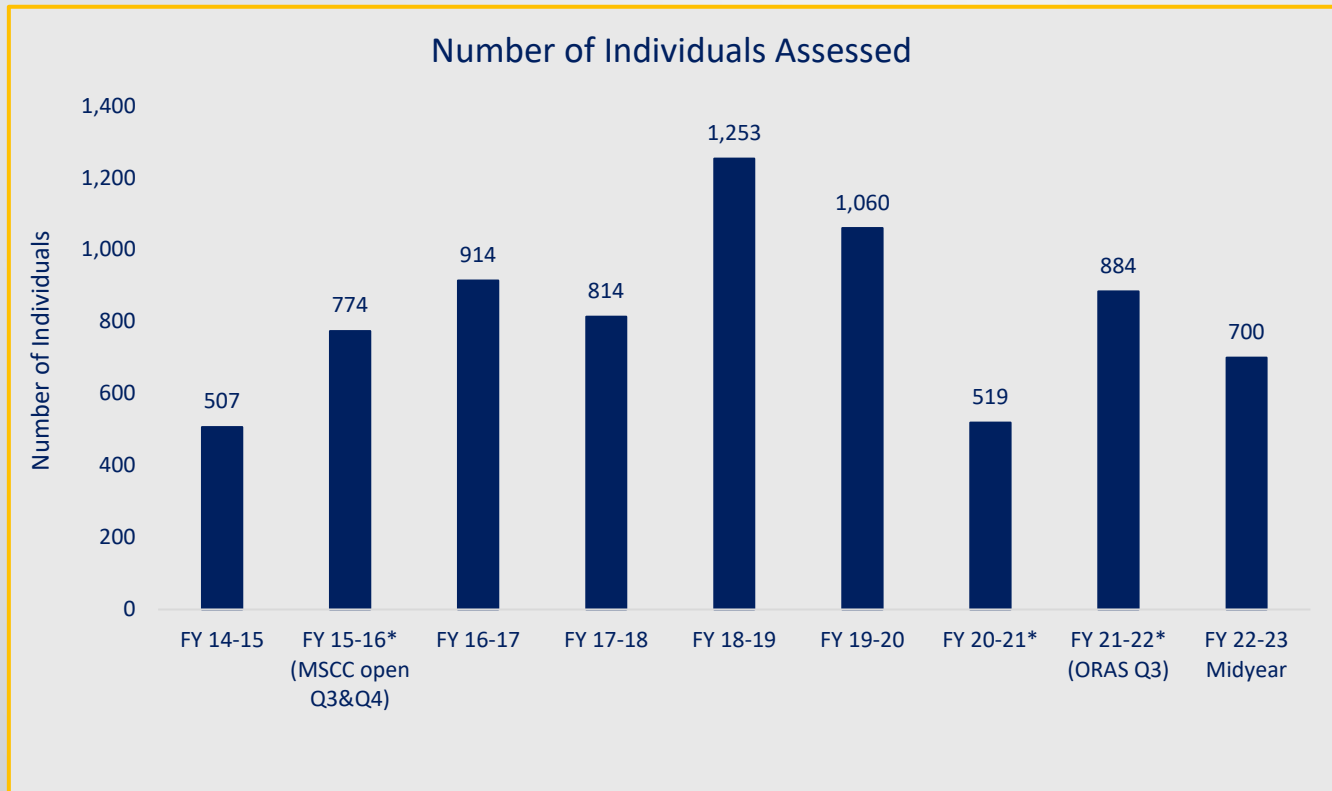
- ❖ Eligibility for Unified Reentry:
 - Sentenced with 30-90 days remaining in custody
 - High or moderate risk per the CAIS Risk Assessment (CAIS score of 15 or more) / ORAS assessment tool
 - San Mateo County Resident
 - No out of county holds



Unified Reentry / Service Connect

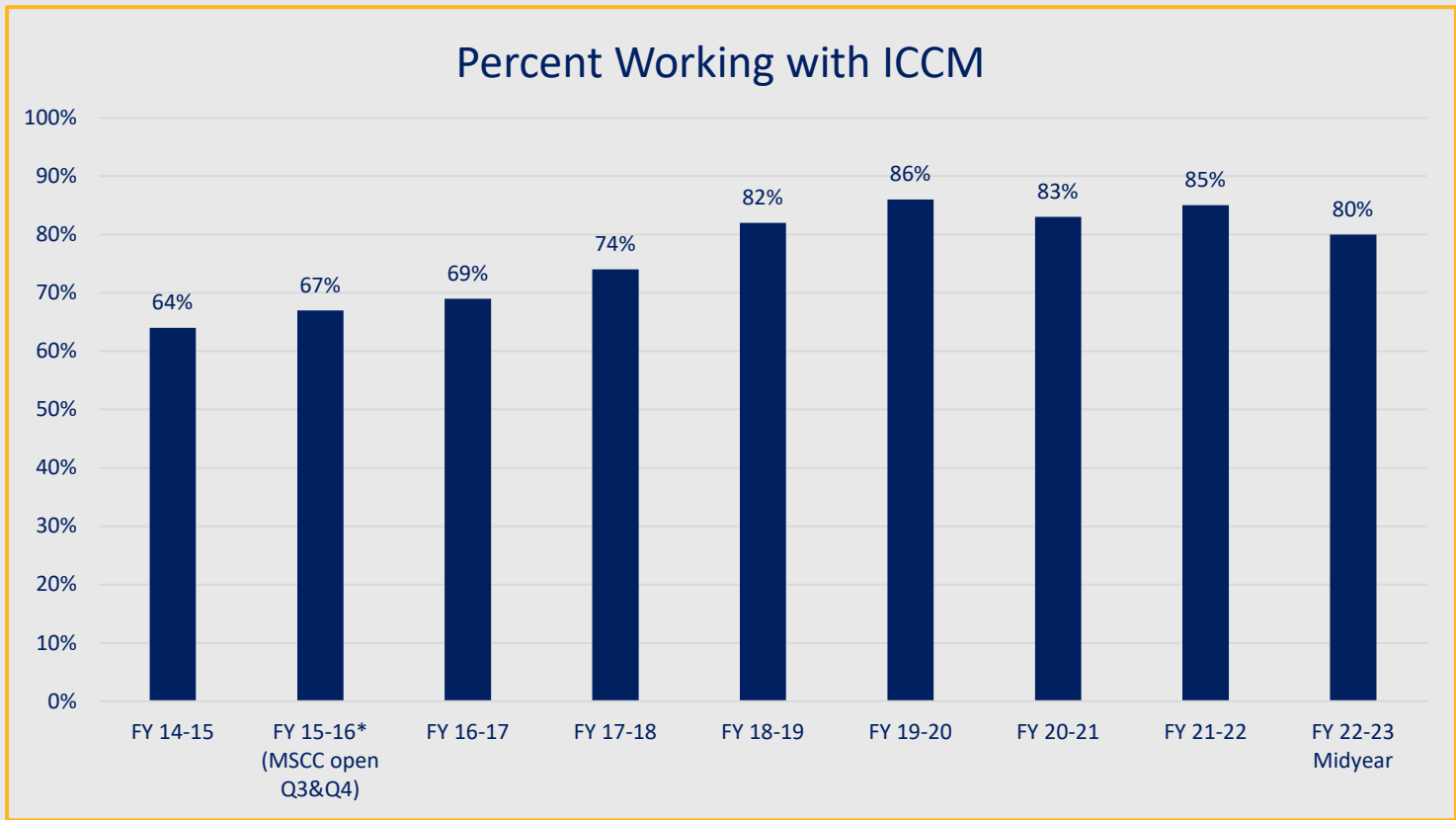
Individuals who are sentenced under AB109 Public Safety Realignment and/or are on certain types of community supervision are automatically eligible for Service Connect post-release reentry services.

- PC1170(h)(a) "Split"
- PC1170(h)(b) "Straight"
- Mandatory Supervision Revocation
- Post-Release Community Supervision (PRCS) Revocation
- Parole Revocation

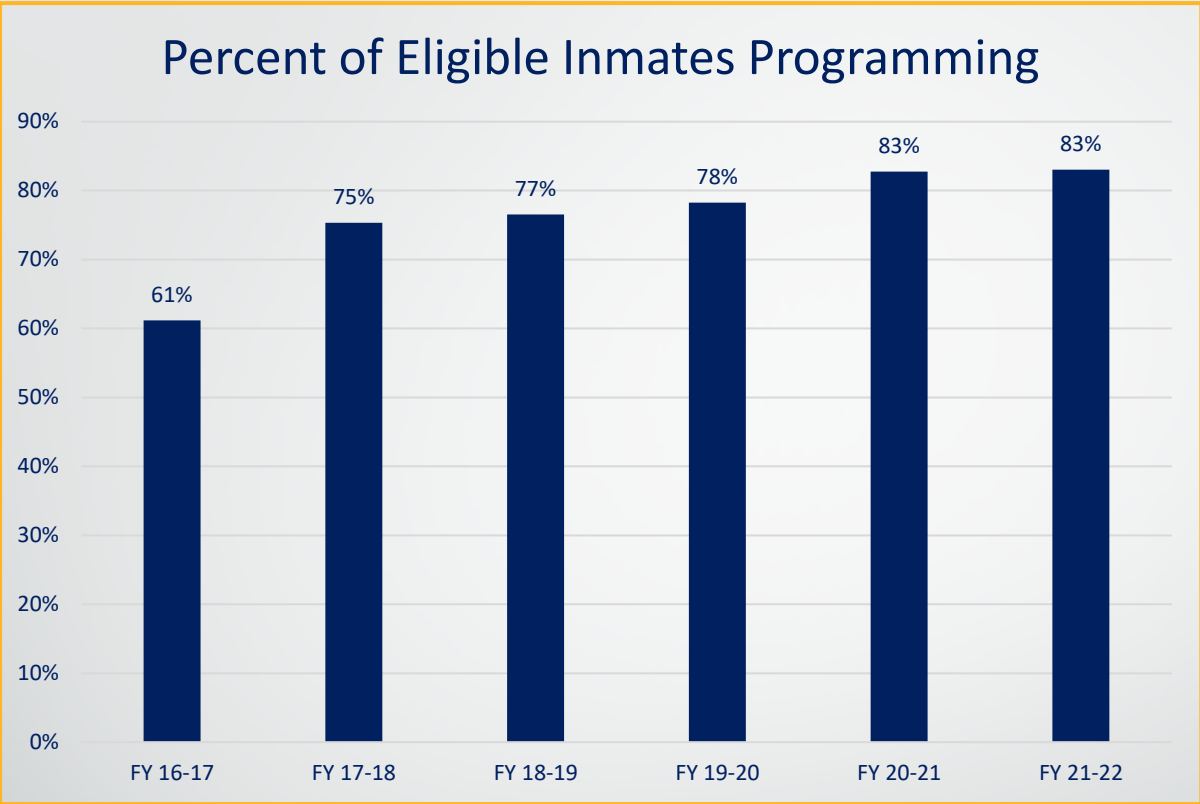


*FY 20-21 reflects a 50% reduction in the jail population during COVID-19

- The notable increase in the number of IPs assessed over time is, in part, a reflection of the team's ability to reach IPs with as few as 21 days prior to release.
- The measure shows that the ASPIRE Program engages with more individuals prior to their release to plan for reentry services.



Since the Program Services Bureau launched the ASPIRE Program, the percent of IPs working with an ICCM has trended upward.



Out of all inmates eligible to participate in jail programming and work assignments, **well over half engage in at least 1 program**



The Art of Partnerships

- 1) Major component of our work is our relationships with our partners:
 - a) Having our partnerships grow and mature over time;
 - b) Partners' willingness to understand changes within county jails generally, and San Mateo County jail specifically;
 - c) Partners' willingness to develop, update, and expand curriculum (including translating into Spanish).

- 2) More potential for partnerships with the caveat that ...
 - a) Takes a lot of bandwidth to develop and maintain new relationships;
 - b) Takes a lot of bandwidth to onboard new programs.

- 3) Partners and the nature of partnerships can change:
 - a) Changes from 2020 to present amid social and political changes;
 - b) Sometimes that strengthens the program and partnerships and sometimes it prompts reflection.



Benefits & Challenges

- 1) Strategic plan prior to opening MSCC
 - 2) Creation of Program Services Bureau
 - 3) Support & involvement of sworn Staff
 - 4) County MDT
 - 5) Technology / virtual programming in place July 2020
 - 6) Commitment to change/trying things
- 1) Staffing challenges
 - 2) Lockdowns (staffing-related)
 - 3) COVID lockdowns
 - 4) Change – internal/external partners resistant to change
 - 5) Requests that are outside of the Sheriff's Office role/control
 - 6) Justice agencies do not change at same time
 - 7) Stakeholders influencing internal decision-making



Logistics & Funding

LOGISTICS:

- 1) New program facility versus existing main jail (1990s)
- 2) Classification of incarcerated persons – Changes since 2013
- 3) Bay Area – opportunity for partnerships
- 4) Jail logistics / Jail ecosystem
- 5) Adjusting programs and case management in response to changes in how each facility operates and who is housed where
- 6) Must be flexible, resilient and creative

FUNDING:

Inmate Welfare Trust Fund versus Realignment Funding



2011 –
2012

2011 – 2012:

- Jail Programming Committee
- Creation of Strategic Implementation Plan for Jail-Based Programming and Reentry Services

2013

2013:

- Approval
- Contract
- Inmate Profile Survey
- Year 1 Planning
- Launch of In-Custody Work Group

2014

2014:

- Completion of 1st Work Group
- Sheriff's Office In-Custody Case Managers Hired (2)
- Adoption of NCCD's Correctional Assessment and Intervention System (CAIS) Tool
- The ASPIRE Model is born
- The Program Services Bureau is created
- SMCO Launch of Unified Reentry



2015:

- CAIS implementation
- Case plans for inmate programming
- Pilot programs
- Data collection and analysis
- Grant writing
- Sheriff's Office In-Custody Case Managers hired (3)
- Reentry Legal Office Specialist hired



2016:

- Expand programs and services to MSCC
- Continue use of CAIS tool
- Expand case plans for inmate programming
- Pilot programs & program site evaluations
- Data collection and analysis
- Program evaluation preparation
- Hired 4th In-Custody Case Manager



2016 - 2017

2016 -2017:

- Expand current programs and services to MSCC
- Pilot new programs & prepare for program implementation
- LEAN Criminal Programming Project (with CMO & Partners) Work with jail programming subcommittee on new logistics of programs such as data collection, tracking, and reporting of inmate programming
- Develop data collection and analysis procedures and reporting
- Program evaluation preparation



2018 - 2022

2018 -2022:

- Expansion of programming
- Switch from NCCD CAIS to UC ORAS risk/needs tool
- Pilot new AOD programs and services
- MAT and detox
- Behavioral health pods
- Prepare for CalAIM (prerelease enrollment/90-day in-reach)
- Cross-training with county partners and MDTs



Thank you!

*If you have any questions, please do not hesitate to reach out to
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